

News from the Athletic Office

*Please note that this **Friday's opening football game** at Milwaukee South Stadium has been moved to a **4:30 start time**.

***Fall sports information:**

Practice Start Dates:

Football--August 1

Boys Soccer--August 14

Girls Volleyball--August 14

Cross Country--August 14

Boys Volleyball--August 21 (Parent meeting August 6 at 6:30 p.m. at St. Catherine's)

Prior to the first practice of the season, every athlete must complete and have on file either:

1) A physical exam is required of all student-athletes for the first and third year of high school participation.

OR

1a) An alternate year card is required of all student-athletes for the second and fourth year of high school participation.

2) Sign and return the Lutheran High Athletics Agreement and the Concussion Information and Acknowledgement Form which includes the Lutheran High Athletics Policies, WIAA Policies, the Metro Classic Conference Sportsmanship guidelines, the Wheaton Franciscan Healthcare Athletic Training Consent for Care and Treatment, and student/parent concussion information. Please read the Athletic Handbook prior to signing this form.

3) Pay Participation Fee – These fees are used to offset some of the cost for transportation, officials, and equipment. The participation fee is \$110 per season with a cap of \$300 per year for a family. This fee does not cover the cost of hats, socks, etc.

When all 3 items have been completed and turned in to the Athletic office, a blue Clearance Card will be issued. This clearance card must be presented to the coach at the first practice in order for the student to participate. **PLAYERS MAY NOT PARTICIPATE IN PRACTICE UNTIL ALL FORMS AND FEES HAVE BEEN TURNED IN TO THE ATHLETIC OFFICE.** Coaches will not collect forms and fees, just clearance cards. Each year some students are turned away from their first practice because they have not turned in the required items. Don't let this be you!

All forms can be found on the Racine Lutheran website at *RacineLutheran.org*. Click "Athletics" and print out the appropriate forms.

***The volunteer page for Fall Sports is now open!** You can access the page from the **Signup.com** button on the bottom of Athletics page on the school website, or follow the directions listed below. We need your help at our home events to keep them running smoothly! Funds raised at home events are used to benefit all athletic programs, not just Fall Sports. Please sign up to help and get involved!

We're using SignUp.com (the leading online SignUp and reminder tool) to organize our upcoming SignUps.

Here's how it works in 3 easy steps:

1) Click this link to see our SignUp on SignUp.com: <http://signup.com/go/HQPeiEH>

2) Review the options listed and choose the spot(s) you like.

3) Sign up! It's Easy – you will NOT need to register an account or keep a password on SignUp.com.

Note: SignUp.com does not share your email address with anyone. If you prefer not to use your email address, please contact Jason Block, who will sign you up manually.

*Our **spirit wear store** is on the school website. Look for the spirit wear link on the top of the homepage. New apparel is available featuring Nike as well as other brands. Customization is available. Use Promo Code BACK2SCHOOL to receive 20% off any order of \$100 or more.

*All **game schedules** are on the online school calendar. Please click on the “Calendar” link on the school website. Bus departure times and training room hours are also listed. You may also sign up for notifications from the calendar site which will alert you to upcoming contests and schedule changes. Coaches’ contact information is also found on the calendar site. **ALL FALL AND WINTER SCHEDULES FOR 2017-2018 ARE COMPLETED AND CAN BE ACCESSED VIA THE SITE. PLEASE CONSULT THE CALENDAR WHEN PLANNING VACATIONS AND OTHER ACTIVITIES TO AVOID CONFLICTS.**

A user guide for the school calendar website can be found [here](#). There is also a free mobile app to access the school calendar. Search “Activity Scheduler” in your app store.

*Like us on Facebook: [facebook.com/rlhsathletics](https://www.facebook.com/rlhsathletics). Follow us on Twitter: [@rlhsathletics](https://twitter.com/rlhsathletics)

Other Opportunities

***Seeking child care for before and after school:** A family that lives about one block from RLHS is seeking a high school student who can care for one five-year-old kindergartener two to three days a week from 6:30 until 7 a.m. and 2:30 until 7:30 p.m. To learn more, contact Katie Whitaker at 412-8773.

2017 Scrip Dates

Please use the envelope that was supplied by the Scrip program when placing an order. Contact Terri Tigges at ttigges@RacineLutheran.org or 637-6538.

ORDER DROP OFF

Monday by 8 a.m.

August 28
September 11
September 25
October 9
October 23
November 6
November 27
December 11

ORDER PICK UP

The following Thursday after 12 noon

August 31
September 14
September 28
October 12
October 26
November 9
November 30
December 14

2017 **SAVE THE DATE!**

SPIRIT
RUN RACINE

Benefiting local schools
in our community. **Saturday**
September 16th, 2017

Race begins and ends at the
Kids Cove Playground at North Beach
40 Kewaunee Street
8:00 am Registration • 9:00 am RACE BEGINS

- A healthy and fun way to raise money for your school!
- 20% of your event fee will go towards the school of your choice!
- Sign up online at active.com or SpiritRunRacine@gmail.com for a registration form & flyer.

Get your friends and family to help out and participate - the school with the most school spirit wins prizes (August, 26th deadline for custom color t-shirts! Once a school has over 50 participants, they can pick their own color for t-shirts! Special prizes will be awarded for schools with the most school spirit during the race!

Registration & Fees

Single \$20 (\$25 after Sept 2nd)	Team \$12 ea for 10 people
Couple \$35 (\$40 after Sept 2nd)	or more (\$18 ea after Sept 2nd)
Child (12 and under) \$15	Household Family \$12 ea for 4 people
(\$20 after Sept 2nd)	or more (\$18 ea after Sept 2nd)



For more information, please contact
Kara Kading at 262-930-1211 or SpiritRunRacine@gmail.com
www.facebook.com/RacineSpiritRun

