

Racine Lutheran Crusaders Track & Field Records

Boys' Records			Event	Girls' Records		
Jon Veenstra	10.7	'89	100 m	Charlotte Benecke	12.9	'03
Jon Veenstra	22.1	'89	200 m	Maggie Stevens	25.9	'07
Jon Bleeke	51.3	'80	400 m	Maggie Stevens	1:01.68	'06
Marty Hartwig	2:00	'74	800 m	Sarah Gritter	2:21.55	'95
Marty Hartwig	4:26	'74	1600 m	Sarah Gritter	5:15	'94
Marty Hartwig	9:57	'75	3200 m	Sarah Gritter	11:41.63	'95
Michael Farr	14.4	'07	110/100 H	Julie Grant Maggie Stevens	16.2	'86 '09
Scott Fregien	39.5	'86	300 H	Maggie Stevens	46.8	'09
Josh Koeppler Mark Nelson Danny Aranda Damien Thomas	44.46	'02	4x100 m	Julie Grant Kristen Mierow Traci Hetland Cris Richards	53.8	'86
Ryan Gagnon Vince Scacco Marquan Holloway Michael Farr	1:34	'07	4x200 m	Katie Quinn Sam Davis Becky Aumann Miranda Outlaw	1:54.7	'06
Jim Buehrens Mike Lunow Greg Rossman Rob Needham	3:32	'82	4x400 m	Miranda Outlaw Laura Gundlach Katie Quinn Maggie Stevens	4:17.8	'06
Ron Payne Eric Reisdorf Peter Kairis Justin Miller	8:58.27	'93	4x800 m	Anna Janke Hannah Mains Jill Rosborough Natalie Rosborough	12:19.64	'18
Rob Demuth	49'	'80	Shot Put	Chris Miller	31' 3"	'85
Chase Wember	161' 5"	'14	Discus	Emily Demuth	109' 5"	'81
Jon Veenstra	22' 2 1/2"	'89	Long Jump	Julie Grant	16' 11"	'86
Jon Griffin	6' 7"	'09	High Jump	Julie Grant	5' 6"	'88
Eric Griffin	43' 11"	'97	Triple Jump	April Malvasio	33' 9.75"	'15
John Anderson	12' 3"	'80	Pole Vault			